1. Suppose that the density at any point (x, y) in the shaded region shown to the right is given by $\rho(x, y) = 3x + y + 1$. Determine the coordinates of the center of mass $(\overline{x}, \overline{y})$ using the formulas

$$\overline{x} = \frac{\int \int_R x \, \rho(x, y) \, dx \, dy}{M} \ , \qquad \overline{y} = \frac{\int \int_R y \, \rho(x, y) \, dx \, dy}{M}$$



where

$$M = \int \int_{R} \rho(x, y) \, dx \, dy$$

and $\int \int_R$ means an iterated integral over the shaded region. You may use the Wolfram double integral calculator to compute integrals, but show your setup clearly. Use the standard notation \overline{x} and \overline{y} for the coordinates of the center of mass.

2. When the density of a plate is constant, the center of mass is often called the **centroid**, and it does not depend on the density. (Can you tell from the formulas why this is?) Therefore we can simply take $\rho(x, y) = 1$ in the above formulas to find the centroid. Find the centroid of the region shown to the right. For this, compute by hand all three integrals needed (one for \overline{x} , one for \overline{y} , and one for M).

